

GOVERNMENT.PHYSICALEDUCATIONCOLLEGE FOR WOMEN, HOOGHLY
Academic year 2018-19, Session 2017-2019 & 2018-20, Effective From 29th January, 2019.

DAY	6.45-7.15 A.M Period-I	7.20-8.00 A.M Period-II	8.05-8.45 A.M Period-III	11.30- 12.30 P.M Period-V	12.35-1.35 P.M Period-VI	1.40-2.40 P.M Period-VII	3.30 - 3.35 P.M	3.40-4.20P.M Period-IX	4.25-5.05P.M Period-X	5.10-5.40 PM Period-XI
MONDAY	PM-(Sem-II/I or III) Combined conditioning class	PM- Sem II & IV/I&III Shot put-II/I Tennikoit-IV III	PM- Sem-II and IV Net ball-II Self practice-IV	SM-II Methods/I BC-IV Research /III	Library -II/I SM-IV Spts Mangt/III	BC-II Methods/I Library -IV/III	E V E N I N G A S S E M B L Y	BC- II High jump/I IV- Games specialization/III	BC-(Sem-II and IV) Class room teaching	Self practice
TUESDAY	BC-(Sem-II and IV) Combined conditioning class	BC- II High jump/I IV- Games specialization/III	BC-(Sem-II and IV) Class room teaching	BM- II Yoga Ed./I SM-IV Sports Management/III	NM-II Sports Nutrition/I BC-IV Research/III	PM-II Organization NM-IV Lab Practical (physiology)/I&III		BM Combined (II Volleyball & IV Basketball)/I&III	BM Combined (II Volleyball IV Basketball)	Self practice
WEDNESDAY	BM-(Sem-II and IV) Combined/I&III conditioning class	BM Combined (II Badminton IV Basketball)/I&III	BM Combined class (II- Discuss, IV – Basketball)	BC-II Methods/I PM-IV Measurement/III	BM- II Yoga Ed./I BC-IV Research/III	PM-II Organization/I BM- IV Kineology/III		Intramural Competition/ Games practice BC		Self practice
THURSDAY	BM-(Sem-II and VI)/I&III Combined conditioning class	BM Combined (II Badminton IV Basketball)/I&III	BM Combined class (II- Discuss, IV – Basketball)	SM-II Methods /I BM- IV Kinesiology/III	BM- II Yoga Ed./I BC-IV Research/III	BC-II Methods/I SM- IV sports Management /III		BC- II High jump IV- Games specialization / I&III	BC-(Sem-II and IV) Class room teaching	Self practice
FRIDAY	BC-(Sem-II and IV)/I&III Combined conditioning class	BC- Combined class (II High jump IV- Games spel.)/I&III	BC- Combined class (II High jump IV- Games spel.)/I&III	SM-II Methods/I BC-IV Research/III	NM-II sports Nutrition/I PM-IV Measurement/III	PM-II Organization NM-IV Lab Practical (physiology)/I&III		BM- IV Basketball PM-II Shot Put	BM-II Volleyball PM- IV Tennikoit	Self practice
SATURDAY	BM-(Sem-II and VI)/I&III Combined conditioning class	BM Combined (II Badminton IV Basketball)/I&III	BM Combined class (II- Discuss, IV – Basketball)	PM-II Organization/I BM- IV Kinesiology/III	NM-II Sports Nutrition/I PM-IV /III Organization	BM- II Yoga Ed. NM-IV Lab Practical (physiology)/I&III				

N.B:- 1. Morning assembly is compulsory for all students and failing to attend any class will be treated as absent for the whole day. 2. Teachers can take extra classes for Semester I and III shown in the routine only for revision (if needed). 3. Suma Biswas(Mondal) is acted as library in-charge.

Name of the Teachers	Allotted Practical Classes	Allotted Theory Classes (Semester-II)	Allotted Theory Classes (Semester-IV)	Total Classes
Prof.(Dr). ShyamalMazumder	00	03	03	06
Prof. PutulMandal	05	03	04	12
Dr. BiplabMondal	13	03	04	20
Dr. BiplabChaudhary	12	03	05	20
Dr. NileshMoitrya	03	03		06

Shyamal
29/01/2019
Counter Signature
Principal

Govt.Physical Education College For Women, Hooghly.
Principal
Govt. Phy. Edn. College for Women
Hooghly

Shyamal
07/12/2019
Principal
Govt. Phy. Edu. College for Women
Hooghly

Q
29.01.2019

Routine-in-Charge
Assistant Professor
Govt.Physical Education College For Women, Hooghly